

Know the difference between a \_\_\_\_\_ of life  
and a \_\_\_\_\_.

- A fact of life is something I \_\_\_\_\_ change but I can change my attitude about it.
- A problem is something I \_\_\_\_\_ change and becomes possible when I change my attitude about it.

### Point #3: Do a personal \_\_\_\_\_ analysis.

**S** \_\_\_\_\_: What am I best at?

**W** \_\_\_\_\_: What am I weak at?

**O** \_\_\_\_\_: What opportunities are before me?

**T** \_\_\_\_\_: Is there any possible dangers ahead of me that will cause me to fail?

**Proverbs 16:3:** "Commit to the LORD whatever you do, and your plans will succeed."

### Point #4: Find out how to \_\_\_\_\_ yourself.

#### Nourishment Centers:

- 1) \_\_\_\_\_ - Listen to music that lifts you up?
- 2) \_\_\_\_\_ - What really inspires me?
- 3) \_\_\_\_\_ - What experiences rejuvenate me?
- 4) \_\_\_\_\_ - Who really encourages me?
- 5) \_\_\_\_\_ - What recreation re-creates me?
- 6) \_\_\_\_\_ - What spiritual exercises strengthen me?

7) \_\_\_\_\_ - What dreams inspire me?

8) \_\_\_\_\_ - What family members care for me?

9) \_\_\_\_\_ - What gifts activate me?

10) \_\_\_\_\_ - What memories make me smile?

### Point #5: Live a \_\_\_\_\_ life.

**Jeremiah 29:11:** "For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future."

**Ephesians 3:20-21:** "Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, 21) to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen."

### Point #6: Live as though \_\_\_\_\_ is your last.

**Proverbs 27:1** "Do not boast about tomorrow, for you do not know what a day may bring."

### Point #7: Celebrate your \_\_\_\_\_.

**Key Thought:** Celebrate your success after, not before.

#### Seven Secrets to a Successful New Year

**S** \_\_\_\_\_: Get rid of the energy draining clutter in your life.

**E** \_\_\_\_\_: Reevaluate how you spend your time, energy and money to coincide with your definition of a great life.

**C** \_\_\_\_\_: Then, honor those priorities by removing obstacles that get in your way.

**R** \_\_\_\_\_: Create reserves of things, time, space, energy, money and love. This allows you to make a

decisions based on what you really want instead of what fear decides for you.

**E\_\_\_\_\_**: Up to 75% of your energy can be tied up in things that drain and distract you. Find ways to free up your time for what's important to you.

**T\_\_\_\_\_**: Stop thinking negatively about yourself. Start thinking positively about yourself by seeing yourself the way God sees you.

**S\_\_\_\_\_**: Don't wait until the kids get older or the weather is better. What you do today will make a difference in your life tomorrow.

### **Final Thoughts:**

**Don't loose control of your life. Get control of 2009 by jump-starting your new year and keep the momentum moving forward.**

### **Small Group Questions**

**Open up with prayer& announcements**

1. In the first sermon, you were asked two questions at the bottom of the first page in your outlines. What were your two V's in 2008? Have they changed for 2009?
2. What are your New Years Resolutions? Do they match your Vision and Values Question? Go around the group and share them?
3. What "momentum breaker" do you struggle with the most? What is it, and how can your group help you at making it a "momentum maker"?
4. We should all strive to be more Christ-like this year. In what ways can the group help you hit this goal?
5. Take some time to pray over 2009. Pray over your families, finances, fellowship with others, fitness, and greater faith in Christ.

## **"14 Ways to Get a Jump-Start on the New Year"**

### **Today's Message: "7 Ways to Keep Momentum Moving Forward"**

A mini-series by Associate Pastor Josh Gonzales / 1/4/09

### **Introduction:**

**Philippians 3:13-14:** "Brothers, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead. **14)** I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus."

### **Momentum Breaker vs. Momentum Maker**

Double Mindedness vs. \_\_\_\_\_

Critical Attitude vs. \_\_\_\_\_ Attitude

Tradition vs. \_\_\_\_\_

Dishonesty vs. \_\_\_\_\_

Indecision vs. \_\_\_\_\_

### **Point #1: Fight \_\_\_\_\_ with \_\_\_\_\_.**

**2 Timothy 1:7:** "For God did not give us a spirit of timidity, but a spirit of power, of love and of self-discipline."

*"You can't just wish and plan. At some point, you have to jump in and take action or else your fear, your perfectionism, whatever is blocking you from taking that first step, will keep you in your present mess, be it a dead-end job or a personal dream that's died." Dr. Hinz*

### **Point #2: Clean up your \_\_\_\_\_.**

*"Banish the shoulda, coulda, wouldas in your life and decide that everything is fine the way it is." John Maxwell*